



## The Success of Craniosacral Therapy

**Attention Deficit Disorder (ADD)** for children, teenagers, and young adults in my experience has yielded a 100 percent success rate from CST. With all my clients, functional levels have been restored within 15 to 25 sessions. Though each individual progresses at his/her own rate, an open mind and willingness to commit to regular sessions ensures the rate of improvement dramatically.

**Animal Abuse and Other Conditions in Animals** have been greatly improved with CST. Owners have reported that their dogs have responded favorably to treatment for epilepsy and that the seizures stopped after a series of sessions. I have also worked with abused dogs, helping them to regain a sense of trust in humans. In these situations, I use radiesthesia and Flower Essence Therapy with very positive results. In addition, I have had remarkable results with cats in long-distance treatments.

**Anxiety, Depression, Fatigue, Anguish, and Fear** need not be limited to prescription medications for treatment. Rather, CST has been instrumental in effecting tremendous relief for individuals suffering from these conditions. I consider it an honor and a privilege to assist my clients in recovering from these debilitating imbalances and becoming whole again.

**Allergies and Respiratory Conditions** result in common ailments, such as asthma and sinus blockages. CST contributes to opening up the bronchial passages and neutralizing many allergic reactions. A commitment to regular sessions helps to build up the system at many levels and protect against the onset of these conditions.

**Fibromyalgia, Muscle Spasms, and Severe Back, Neck, and Joint Pain** are common conditions that I encounter. During the session, I tell my clients to be as relaxed as possible so they can experience the full benefits of the work. I encourage them to "leave their minds at the door" and let go of the chatter that often clutters the mind. The sooner they are able to relax, the faster they heal.

**Headaches and Migraine Headaches** are alleviated dramatically with CST, especially if an individual comes in immediately at the onset of symptoms. The longer one lets the condition continue, the more time it can take for improvement to occur. The best results take place with a commitment to regular sessions until the underlying causes of headaches are relieved. The success rate for headaches is in the 90th percentile.

**Orthopedic Conditions** can leave an individual unable to walk without a cane or even bend over to tie his/her shoes. With CST treatment, I have seen mobility restored to the point where a cane was no longer needed and flexibility restored.

**Transitional Work** for individuals with terminal conditions consists of assisting them in making a smooth transition throughout the dying process. In the majority of cases, each of these individuals has experienced a decrease in pain, felt at ease in saying good-bye to their loved ones, and became peaceful about the prospect of making the transition. On occasions when I make home visits at the requests of family members, the sessions are without exception respectful, private, caring, and loving. The comments I have received from relatives about these clients reveal that the sessions helped them immensely, some of them even dying peacefully within a few hours after the session.

**Vertigo and Ear Infections** have left many of my clients with impaired motor coordination, loss of balance, and the inability to focus without experiencing nausea. CST has truly helped them in neutralizing these symptoms and being restored to normalcy. I have had vertigo clients who have never experienced any further episodes after receiving treatment.

